

ANNUAL REPORT

Integrated Community Development Project (ICDP)

2022

Snowland Integrated Development Center (SIDC)

Humla

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1. Introduction :-

Snowland Integrated Development Center (SIDC) is a leading non-profit non-governmental, autonomous, social development organization having the work based in Humla which is established in 1992. SIDC has been established by the local educated and the qualified residents with strong willingness and commitment possessing extensive experience in different sectors under the democratic pattern by holding the election in every 2 years by the general members for the representative of the executive body. The board comprises 9 executive members with a female chairperson including minimum of 33% of women representation. SIDC has been registered in the district administration in 1992 under the association and affiliation with the social welfare council and NGO federation of Nepal.

Several attempts were made by the different organizations in the past for the development of the Karnali. However, these were not found adequate to achieve the intended outputs and the results were still beyond our expectation because of the lack of the proper coordination and the knowledge about the typical land, place and the people where they are culturally living. Seeing the lacks and efforts made in implementing different development endeavors in the region by many organizations in the past, there is a felt need of to address equally in every aspects of development. So, SIDC is formed to fill the space being the bridge to the other stakeholders for progressive actions to bring out the concrete output in the field. Since then, people centered efforts were doing in proper co-operation, co-ordination and collaboration in implementing different development activities in the region by governmental offices, national and international organizations and other interested agencies.

The constitution of SIDC has well defined set of objectives, goals and mission to address the development equally in the district and to uplift the deprived community members who are Poor, Dalit, Ethnic and other marginalized people. SIDC realized and learned from the past development efforts because adequate attention was not given to identify the needs and demands of the community people and they lack the utilization of resources (Human) available in the region. For this reason, SIDC make a well-set vision to identify the problems, needs and opportunities for proper utilization of the resources (Human) which are crucial for the sustainable development of Karnali. SIDC believes in collaborating with the agencies at local, district and national level and solid partnership with the civil societies, NGO/INGOs and federations at all levels to generate greater synergy on all its programs to contribute to meet the national goals and objectives. SIDC always tries to address and answering some of these important issues, and promised to maintain the good relation among the people of the district for to make them empowered and make them participatory in the different fields of development.

Since its inception, SIDC has been working with the poor and marginalized people in rural Humla to empower them in the process of meeting their basic needs, improving livelihoods and building their own socio-economic status upgraded. It has always focused on gender equality and the social inclusion. It has been success to maintain the good relation among the organizations and the people of the district for to make them empowered in the field like economic earnings, infra-structure, social mobilization, education, health and awareness, agriculture and husbandry, forestry, knowledge management and skill development. Besides the integrated activities of the development in the grassroots level, it is also engaged in communication, advocacy, lobbying, networking and making the people more conscious at local and national level to promote the human rights and social justice.

Good Neighbor International Nepal has made its Project Agreement and General Agreement with Social Welfare 2021-2026, on the basis of the Social Welfare Act and by law it has done agreement with SIDC, Humla to implement the Livelihood and Health Wash activities through SIDC project. The objectives of the Good Neighbor International are to increase equitable access and participation income generation process to improve the

quality of livelihood status by supporting them in income generation and to strengthen more by the health and Wash activities.

SIDC Nepal is a reputed organization. It has worked in many sectors. It works on education, water and sanitation, health, livelihood, human rights and life skills climate change and such others many sectors. It has earned trust of the people. It made its first agreement with Good Neighbors International in 2016 to 2020 for five years. For second phase it has made agreement 2021 to 2026 AD.

Integrated Community Development Project (ICDP) has been implemented currently in four Rural Municipality (Chankheli, Sarkegad, Kharpunath and Simikot RM – former 16 VDCs of Humla district named Mimi, Darma, Shreemastha, Melchham, Gothi, Rodikot, Saya, Sarkideu, Barai, Lali, Kharpunath, Thehe, Bargaun, Raya, Chhipra and Simkot). The agreement is majorly focused on Health, WASH, Livelihood and Income-Generation activities. The completed activities are as follows up from January 2022 to December 2022 which takes a place in the respective fields and the programs are from the POA 2022.

1.1 Activities Description:-

A. Target Beneficiaries:-

SN	Activities Name	Event	Program Date	Venue	Sector	No. of Beneficiaries		
						M	F	Total
2022								
1	Cooperative Business Network Meeting- District Level	1	19 th June 2022	Simikot RM	Social Economy	8	4	12
2	Account Keeping Training	8	6-19 April 2022 & 2022 September 2022	Simikot Sarkegad Chankhili and Kharpunath RM	Social Economy	36	19	55
3	Cooperative Leadership Development Training	8	6-19 April 2022 & 2022 September 2022	Simikot, sarkegad, chankhili & Kharpunath RM	Social Economy	75	49	124
4	Account and Revolving Fund Monitoring Training	8	6-19 April 2022 t & 2022 September 2022	Simikot, sarkegad, chankhili & Kharpunath RM	Social Economy	85	51	136
5	Integrated Pest Management Training	2	April-June 2022 & August 2022	Simikot & Kharpunath RM	Social Economy	2	16	18

6	Management Support to cooperatives	4	May, July, November & December 2022	Simikot RM, Karpunath RM and Sarkegad RM	Social Economy	3	3	6
7	IGD Workshop	1	May 4-7 2022	Lalitpur	Social Economy	2	1	3
8	Individual Revolving Fund Support	5	June 30 2022 & July to August 2022	Simikot, Karpunath & sarkegad RM	Social Economy	47	62	109

9	Review meeting with Partners (Half Yearly)	1	27 th July 2022	Simikot RM	MEAL	18	4	22
10	Tomato Processing Training	1	July 2022	Karpunath RM	Social Economy	0	18	18
11	Soil Testing Program	2	August 2022	Simikot & Karpunath RM	Social Economy	12	38	50
12	Cooperative Education Campaign	6	August to September 2022	Karpunath RM, Sarkegad RM and Simikot RM.	Social Economy	155	185	340
13	ToT on Natural Farming Training	1	16-22 September 2022	Lalitpur	Social Economy	2		2
14	Commercial Vegetable Production Training	7	7-17 November 2022	Simikot & Karpunath Rm	Social Economy	14	170	184
15	COPOMIS Training to Cooperative Managers and Staff	1	13-14 December 2022	Simikot RM	Social Economy	8	2	10
16	Baseline Survey in Cobo for Natural Farming	10	December 2022	Simikot & karpunath RM	Social Economy	18	232	250
17	Health Workshop	1	27- June to July-1 2022	Lalitpur	Health & WASH	1		1
17	General Health Checkup:	1	July to December 2022	Karpunath RM, Sarkegad RM, Chankhili RM and Simikot RM.	Health & WASH	1115	1219	2334
18	FCHV mobilization:	2	July to September 2022	Sarkegad RM	Health & WASH	0	18	18
19	Orientation to HFOMC:	4	July to September 2022	Sarkegad RM	Health & WASH	25	13	38
20	Coordination meeting at Municipal Level:	3	July to September 2022	Karpunath RM, Sarkegad RM and Chankhili RM	Health & WASH	23	14	37

21	Training to FCHV	1	July to September 2022	Sarkegad RM	Health & WASH	0	35	35
22	Orientation to ORC Management Committee	5	July to September 2022	Kharpunath RM, Sarkegad RM and Chankhili RM	Health & WASH	20	15	35
23	Critical Treatment Support	2	July & December 2022	Kharpunath & sarkegad RM	Health & WASH	2		2
24	ORC construction:	1	November 2022	Chankhili-RM-6 Puma	Health & WASH	135	145	280
25	Health Equipment Support to ORC	1	November 2022	Kharpunath RM	Health & WASH	230	245	475
26	Basic Utility support	1	November 2022	Kharpunath RM	Health & WASH	230	245	475
27	Health Equipment Support to Health post and CHU	2	November 2022	Simikot RM	Health & WASH	3615	4000	7615
28	MHM Orientation to Parents	4	November 2022	Kharpunath Rm	Health & WASH		160	160
29	MHM Orientation to Schools Students/Adolescents	4	November 2022	Kharpunath RM	Health & WASH		160	160
30	MHM Orientation to Schools Teachers	1	December 2022	Kharpunath RM	Health & WASH	22	10	32
31	Maternal child Health System strenthening training to Health worker	1	December 2022	Kharpunath RM	Health & WASH	3	17	20
32	Purnakhop Sunischitata Announcement at Kharpunath RM	1	December 2022	Kharpunath RM	Health & WASH	70	50	120
33	Social Audit	2	26-27 th December	Sarkegad and Chankhili Rm	CCT	48	7	55
34	LPAC	2	26-27 th December	Sarkegad and Chankhili RM	CCT	14	0	0

35	Joint Monitoring Visit	4	19-20 th December	Sarkegad, chankhili, kharpunath and simikot Rm	CCT	26	2	28
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B. Major Achievements

Project's Theme	Major achievement
Livelihood	<ol style="list-style-type: none"> Conduction and completion of Cooperative Business Network Meeting-District Level at Simikot RM Conduction and completion of Account Keeping Training, Account & Revolving Fund Monitoring Training and Cooperative Leadership Development Training at Mastadev Agriculture Cooperative, Dudhakunda Mahila Multipurpose Cooperative, Bageshwori Agriculture Cooperative Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative, Karnali Dovan Agriculture Cooperative, shreejanshil agriculture cooperative and Mahadev agriculture Cooperative Conduction and Completion of Integrated pest Management Training at Dudhakunda and Mastadev Cooperative. Completion of Cooperative Management Support for 6 cooperatives (Panchamukhi, Dudhakunda, Mastadeb, Pokhri, Karnali and Himali) from januay to December. Completion of IGD workshop at Lalitpur. Individual Revolving Fund Support to 5 Cooperatives. Panchamukhi Dudedaha Agriculture Cooperative (756000) Dudhakunda Women Multipurpose Cooperative (924000) Pokhri Agriculture Cooperative Ltd (840000) Mastadeb Agriculture Cooperative Ltd (882000) Himali Organic Coopperative Ltd (672000) Conduction and Completion of Half Yearly Review Meeting with Partners at simikot RM. Conduction and Completed of Tomato Processing Training at Dudhakunda Mahila Multipropose Cooperative. Conduction and Completed of Soil Testing Program at Dudhakunda Mahila Multiple cooperative and Mastadev Agriculture Cooperative. Completed of Cooperative education Campaign at (Dudhakunda, Mastadev, Panchamikhi, Karnali, Pokhri and Himali) Cooperatives. Conducted ToT on Natural Farming Training at Lalitpur. Conduction and Completed of Commercial Vegetable Production Training at Dudhakuna and Mastadev Cooperatives. Conduction and Completed of COPOMIS Training to Cooperative Managers and Staff at Simikot RM. Completed of Baseline Survey in Cobo for Natural Farming at (Pancamukhi, Dudhakunda and Mastadev) Cooperatives.

Projects' Theme	Major Achievements
Health and Wash	<ol style="list-style-type: none"> 1. Conducted Health Workshop at Godawari Lalitpur. 2. Completion of General health check-up of 2334 children of simikot, kharpunath, Sarkegad and Chankheli RM. 3. Completed Monthly reporting and meeting of all FCHVs. 4. Conduction and completion of HFOMC orientation and regular monitoring at Sarkegad RM. 5. Conduction and Completed of Coordination Meeting at Municipal Level at Kharpunath RM, Sarkegad RM and Chankhili RM. 6. Completion of the community health training to FCHVs at Sarkegad RM. 7. Conduction and completion of Orientation to ORC management committee about the good management starategies at Kharpunath,Sarkegad and Chankhili RM. 8. Critical case Treatment support to two of the sponsored childrens. 9. Completion of ORC construction at Chankhili-6 Puma. 10. Completion of health equipment support to ORC at ORC Maja. 11. Humla CDP, Improvement of quality health service through adequate supply of equipment's and utilities. Complication of Basic utility Support at ORC Maja. 12. Completion of Health equipment support to Health post and CHU at simikot RM. 13. Conduction of orientation to school students/Adolescents, parents and schools Teachers about the menstrual health management at Kharpunath RM. 14. Conduction and completed of training to Health Workers about the Maternal child health system strengthening at kharpunath RM. 15. Completion of Support to Purnakhop Sunischitata Announcement program at kharpunath RM.
Projects' Theme	Major Achievements
CCT	<ol style="list-style-type: none"> 1. Conduction and completion of Social Audit in coordination with the respective stakeholders at Two rural municipalities of Humla. 2. Conduction and completion of LPAC meeting at two working rural municipalities. 3. Conduction of Joint-monitoring visit to the project areas in coordination with the local government units of Four Rural Municipality.

Projects' Theme	Major Achievements
MEAL	<p>1. Conduction and completion of Social Audit in coordination with the respective stakeholders at four rural municipalities of Humla.</p> <p>1. Conduction and completion of LPAC meeting at three working rural municipalities.</p> <p>2. Conduction of Joint-monitoring visit to the project areas in coordination with the local government units.</p>

a. Major Components of Community Development Project

1. Livelihood Enhancement
2. Health and WASH

Project also implements activities in crosscutting themes: gender equality, advocacy, disaster risk reduction, environment management, partnership and networking along with our core thematic programs.

b. Target Beneficiaries

Poorest of the poor children, their parents, disadvantaged and marginalized communities, people from remote areas, community based organizations (cooperative, mothers group, farmer group, self-help group, SMC, PTA, child club, youth club, HFOMC, VCPC, VWASHCC, and FCHV) are main beneficiary target groups of the project

2. Livelihood:-

2.1 Enhancing Utilization of Financial and Marketing Services for Enterprise Development and Income Generation Activities

- Awareness campaign/training on IGA
- Formation/Adoption of IG groups, cooperatives
- Increment in cooperative membership
- Training to cooperative members, staff
- Support to cooperatives equipment/ furniture/software

- Exposure visits and other
- Facilitation for insurance
- Revolving fund
- Other Activities if any

2.2 Support for Increasing Microenterprise Generated Profit and Employment

- Training on potential business opportunity, business/financial literacy, business plan etc.
- Vocational training (short, medium and long term)
- Establishment of production, processing and storage facilities (collection center, irrigation canal, drip irrigation, storage facilities etc.)
- Formation and training to management committees of such facilities.
- Other Activities if any

2.3 Increasing Food Sufficiency of Ultra-poor Households through Income Stabilization

- Training on farm and off farm IG, improved farming practices
- Formation of self-help groups
- Training and development of local resource person, lead farmers
- Support to promote and establish Agro vet
- Input and other support to ultra-poor
- Animal health camp
- Other Activities if any

Livelihood Activities in Detail 2022:-

1. Cooperative Business Network Meeting-District Level

This activity was conducted and completed at Simikot RM on 19th June 2022. The main objective of this program is to discuss the revolving fund status and further strategies for institutional strengthening of the cooperatives. in this meeting discussion on organizational status, sharing of learning, best practices, problems, issues, opportunity and revolving fund management. The meeting



was carried with the participation of cooperative chairperson and manager of 7 cooperatives of simikot, Sarkegad, and Kharpunath RM.12 members were participated. The cooperatives are Panchamukhi Dudedaha Agriculture Cooperative, Dudhkunda Mahila Multipurpose Cooperative, Mastadeb Agriculture Cooperative, Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative, Bageshwori Agriculture Cooperative and Karnali Dovan Agriculture Cooperative. During the meeting presentation was given by CBDO about the GNI, Socio-Economic department and guidelines overview. The presentation also included the revolving fund status of cooperatives. Thereafter, discussions were held about the bad debts ways to tackle them and feedbacks and suggestions were provided from DC and ED.

2. Account Keeping Training

The account keeping training was planned for 9 cooperatives in total excluding panchamukhi Dudedaha Agriculture Cooperative. The activity has been provided to 8 cooperatives namely Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative, Karnali Dovan Agriculture Cooperative, shreejanshil agriculture cooperative,Dudhakunda mahila multipurpose cooperative,Mastadev agriculture cooperative and Mahadev agriculture Cooperative in their respective areas.The objective of the training was to build the accounting capability of cooperative managers.The members were taught about the 4 ledger posting, balance sheet and trial balance.The training was conducted for 3 days in each cooperatives. The purpose of the training was to track the effectiveness of the previous training and also discussed on faced problem in the cooperative. Similarly, it was also to check the accounts either it has been updated or not. There was the participation of the general committee members. The objective of the program was to strengthen and re-freshen the training received in the earlier period. Since account management is a major task to maintain the transparency of cooperatives the required skill is must. The training was facilitated by Junior Technical Assistant. The major account management principles were discussed and practically carried out.



3. Cooperative Leadership Development Training

The Cooperative Leadership Development Training was planned for 8 cooperatives in total excluding panchamukhi Dudedaha Agriculture Cooperative. The activity has been provided to 8 cooperatives namely Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative, Karnali Dovan Agriculture Cooperative, shreejanshil agriculture cooperative, Mastadeb Agriculture Cooperative, Dudhkunda Mahila Multipurpose Cooperative Bageshwori Agriculture Cooperative and Mahadev agriculture Cooperative in their respective areas. The Training started from 6-19 April and September 2022. The Objective of the training was to develop the leadership quality of the cooperative members for the institutional development. There was the participation of the general committee members. The objective of the program was to develop the leadership quality of the cooperative committee members. The training was facilitated by Junior Technical Assistant.



4. Account and Revolving Fund Monitoring Training

The account and Revolving Fund Monitoring training was planned for 9 cooperatives. This training has provided to 8 cooperative namely Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative, Karnali Dovan Agriculture Cooperative, shreejanshil agriculture cooperative, Mastadeb Agriculture Cooperative, Dudhkunda Mahila Multipurpose Cooperative Bageshwori Agriculture Cooperative and Mahadev agriculture Cooperative in their respective areas. The training started from 6-19 April and Completed on September 2022. There was the participation of the general committee members. The objective of the program was to direct and monitor the proper utilization of the revolving fund. Since, revolving fund has been provided to the cooperatives with a purpose of

supporting and establishment the micro-enterprises. The training had strategies set-up for the effective mobilization and monitoring of the fund. It was facilitated by Junior Technical Assistant.



5. Integrated Pest Management Training

The IPM training was provided to Mastadeb Agriculture Cooperative members for chilli and Dudhkunda Mahila Multipurpose Cooperative members for True Potato Seed. Initially group of 18 farmers was formed and then nursery was set up with the direction of JTA in the farmers field in each cooperative area. Two nursery beds one according to the traditional practice and other in a scientific technique were set up. The beds were regularly inspected by the participant farmers as well as the staffs. The nursery of chilli was set up on 10th April 2022 and transplanted on June 12, 2022 and for TPS on 26 April 2022 nursery set up and was completed August 2022. The Activities has been completed IPM training to farmers. In IPM training it was conducted on potatoes. The objective of this training was to conduct the integrated pest management program in the field. From this training the farmers got knowledge and training on pest management technique specially on potato. The principle of that program was "learning by doing".



6. Management Support to Cooperatives

The activity has been planned for 7 cooperative managers namely (Panchamukhi Dudedaha Agriculture cooperative, Mastadev Agriculture Cooperative, Dudhkunda Mahila Multipurpose cooperative, Bageshwori Agriculture Cooperative, Himali Organic Agriculture cooperative, Pokhri Agriculture Cooperative and Karnali Dovan Agriculture Cooperative) in order to motive them to do better and for systematic Management of the cooperative. The objective of the activity is to promote effective, maintaining the 4 ledger accounts and timely reporting as well as actual report keeping for the transparency. The support from January to December 2022 has been provided for 6 cooperative managers excluding Bageshwori Agriculture Cooperative.

7. IGD Workshop

The IGD workshop has been completed at Latipur from May 4-7 2022. Account keeping training was provided by external resource person. Discussions were held for the guidelines and monitoring of the nearest cooperative was also carried out. The objective of providing the training was to develop the monitoring skill of the CBDOs' as well as enhance their knowledge about the cooperatives.

8. Individual Revolving Fund Support

The individual revolving fund support has been provided to the farmers through the cooperatives. Five cooperatives from simikot, kharpunath and sarkegad have been planned to provide RF in the year 2022. The pocket areas have been distinguished i.e. Simikot and Kharpunath for vegetable production and Sarkegad for Bean production. The objective was to improve the living standards of the poor peoples through the cooperatives by providing individual revolving fund. In total 5 cooperatives were provided with the revolving fund where in 109 (47-Male & 62-Female) individuals were able to establish their respective business. The Revolving Fund has also been re-mobilized in 5 cooperatives (Himali Organic Agriculture Cooperative, Mastadeb Agriculture Cooperative, Dudhakunda mahila multiprapose cooperative, Pokhri agriculture Cooperative and Panchamukhi Dudedaha Agriculture Cooperative) for vegetable farming and bean farming. The RF of 2022 has been supported for 3 Cooperative on 30th June 2022 and 2 Cooperatives on July 2022 to support and enhance the vegetable production and Bean Production.



9. Review Meeting with Partner

This activitie was conducted at simikot Humla combine with KIRDARC & SIDC. The objective of this meeting was to review on completed activities and make further plan of upcoming activities. All ICDP project head shared their progress, best practices, issues, challenges and ways out of further improvement on this meeting. The staff of GNI, KIRDARC and SIDC participated on the review meeting. The thematic heads presented by power point of completed program and share the future plan and strategy to implementation. In the meeting it was conducted group to find out issue and challenges, lesson learn and best practices.



10. Tomato Processing Training

The training started and completed on July 2022. This one day tomato process training has provided to vegetable entrepreneurs of Dudhakunda Mahila Multiple cooperative. In the training it was provided knowledge on tomato production, pest management, cut off, grading, make Sause and how to dry tomato.



11. Soil Testing Program

The training started and completed on August 2022. The activities have been conducted soil testing of our farmers. The objective of that program was to test the soil and make recommendation of fertilizer application in order to improve in their production. This Program was Conducted at Dudhakunda Mahila multiple Cooperative and Mastadev Agriculture Cooperative.



12. Cooperative Education Campaign

This training was started from August 2022 and was Completed on September 2022. The activity has been conducted in 6 cooperatives. Each cooperative has conducted 2 events in each cluster. The main objective of this campaign was to increase the cooperative members in the cooperative and also to aware the community people about basic understanding of cooperatives norms and regulations including the other details such as why we need cooperative and what is the long term benefit of it.



13. ToT on Natural Farming Training

ToT Training on Natural Farming has been completed at Lalitpur from September (16-22) 2022. ToT on Natural Farming training was provided by external resource person. Discussions were held that how to do Natural farming in Local Level. The objective of providing the training was to develop the skill of the CBDOs and JTAs' as well as enhance their knowledge. Also train to COPOMIS System. This training was organized by GNI HO.



14. Commercial Vegetable Production Training:-

The Training Started from 7th November and was Completed on 17th November 2022. The Training was provided for Mastadev agriculture cooperative and Dudhkunda Mahila Multipropose Cooperatives of 175 Farmers. The objective of the activity is to enhance the farming capability by Natural Farming System of the farmers, manage compost easily in local Level by Narural Farming technology and Business knowledge about Marketing . Farmers have been cultivating regularly but they have lack of knowledge and not practicing about commercial production ,well Compost Management and good marketing. During this training it will also conduct onesite coaching to farmers and also visit cooperative and monitor four ledger of cooperative including RF support.



15. COPOMIS Training to Cooperative Managers and Staff:-

The Training started from 13 December and was Completed on 14 December 2022. In this year SIDC is planning to organize COPOMIS Training to seven cooperative Managers and CBDO,AFO and JTA (3 staff of SIDC) of Humla district. The main objective of this training is to increase the knowledge of the managers of the Cooperatives and increase their working capacity to work in COPOMIS System.



16. Baseline Survey in Cobo for Natural Farming:-

The training was Completed on December 2022 .In this year SIDC/GNI is planning to collect Natural Farming Baseline Survey in cobo for 250 Farmer's of Humla district. The main objective of this baseline survey is to participate farmers in the natural farming system, which will be implemented from 2023. In addition to understand the income from the entire farming system. The survey will be held in simikot and kharpunath RM.



3. Health and Wash:-

3.1 Enhancing Health seeking behavior of community members

- Equipment, basic utilities, furniture support to health facilities
- Construction and renovation of health facilities
- Mobilization of health workers
- Training/Orientation to health workers/HFOMC/TH/FCHV
- Training on maternal and child health issues, first aid, non/communicable diseases
- Other Activities if any

3.2 Enhancing Safe Hygiene and Sanitation Practice in Community

- Construction of child and gender friendly toilet at schools/health facilities
- Formation and training to S-WASH-CC
- Construction and renovation of DWS
- Test and treatment of water source
- Construction of waste pit
- MHM cornet/kit support to school/health facilities
- WASH Education
- Health camp/ health check-up/Critical treatment support
- Support of sanitation materials
- Other Activities if any

Activities of 2022

A. Health Workshop

The Health workshop has been completed at Latipur from 27June-1July 2022. The objective of providing the training was to develop the monitoring skill of the PHO and PHA as well as enhance their knowledge about

the Health, wash and sanitation.



B. General Health Checkup

The checkup Camp started from July 2022 and it has been Completed in the month of December 2022. This year general health camp is conducting in 20 centers of SIDC coverage area of four rural municipalities (Sarkegad, Kharpunath, Simikot & Chankhili Rm). In total 2334 (Male-1115 & Female 1219) children were benefited from the health checkup service. The main objectives of health checkup is to ensure the general health condition of sponsored children, provide the suggestion to sponsored children for personal hygiene maintain and to find out the critical health cases among the sponsored children and refer them in higher level of health institution.



C. FCHV Mobilization:-

Based on POA it was mobilized FCHV in Sarkegad RM of Shaya Health Post & Rodikot Health Post. It was mobilized three months (June-August) for the purpose of Promoting utilization of health services and adoption of preventive health practice in the community. The major role of the FCHV is to link the community with available health care services and play key roles for delivering services of family planning maternal/ neonatal health child health and selected infectious disease and other health issues in the community. The FCHV of respective ward mobilized monthly during ORC day, EPI day and HMG meeting to promote utilization of health services and adoption of preventive health practices and increase the participation of community in improving health. In that RM it was mobilized 18 FCHVs to promote healthy behavior of the community people by utilization of available health services and raise awareness on health through the FCHVs of respective wards.



D. Orientation to HFOMC

The activity started from July and was completed on September 2022. This activity has been conducted to Health Facility Operation Management Committee of Ripa Health post, Saya Health post, Gothi Health post, and Rodikot Health post. The main objective of this orientation was to orient HFOMC members regarding new guidelines of health system and also to strengthen health planning, health facility monitoring and to promote health facilities access and social services. In the orientation program 38 persons were participated. It was given by PHA in Coordination with the Rural Municipality Health Incharge.



E. Coordination meeting at Municipal Level

The activity started from July and was completed on September 2022. Coordination meeting has conducted in three RM viz; Sarkegad RM, Kharpunath & Chankheli RM for the discussion on general health check up and also to discuss on ongoing activity and plan for upcoming months. In the coordination meeting it was participated RM chairperson, Vice chairperson, executive Officer, Health Officer and respective RM HP, CHU and BHU in-charge.



F. Community Health Training to FCHVs

The activities started from July and was Completed on September 2022. This training has provided to Female Community Health volunteer of Sarkegad Rural Municipality. The main objective of this activity was to aware FCHVs and HMG also to make as a trainer on implementing FCHV related different activities in the community level specially conducting HMG meeting and generating and solving the issues of the community dwellers. Similarly, one-day training acknowledged about Health post facilities and make them confidence on delivering the facilities of HP, ORC and EPI.



G. Orientation to ORC Management Committee

The activity was conducted from July to September 2022. This orientation has provided to 5 ORC management committee of Chankheli, Sarkeghad and Kharpunath RM. The main objective of the orientation was to make the ORC functional in effective, good Management Practices and smooth operation. From one-day orientation committee members got the knowledge about the importance of ORC service and their role and responsibilities.



H. Critical Case treatment Support

In this year it has supported two sponsored child of Kharpunath and Sarkegad RM (Bill Grates singh and Sagar Singh) for critical support. The main purpose of this support is to make the child's family feel less of a financial burden so that the child can live a normal life and continue school with good health.



I. ORC Construction

The Construction has been Completed in the month of November 2022. The construction of ORC building for 2022 is constructing in chankheli RM, Puma. Nearly 280 community people have been expected to be benefited from the ORC Building. It has been constructing due to difficulty in getting access to health facility of that local people. The people had to travel long distance just for normal first aid treatment. So, as per demand local government and community people it is construction there in a matching fund.



J. Health equipment Support to ORC

The Equipment Support to ORC Handover program Conducted on November 2022. The health equipment support has been planned for the ORC building of Maja, Kharpunath RM. The purpose of supporting the equipment is for good health facilities for the community people and for smooth functioning of the ORC without lack of materials.



K. Basic utility Support to ORC

The Basic utility Support to ORC Handover program Conducted on November 2022. The Basic utility Support has been planned for the ORC building of Maja, Kharpunath RM. The Objective of the support was a aid in the good health facilities for the smooth functioning of the ORC.



L. Health Equipment support to Health post and CHU

The Health equipment Support to Health post and CHU Handover program Conducted on November 2022. Health Equipment Support to dadaphaya health post and Kumlikjiulaa CHU. The purpose of supporting the equipment is for smooth functioning of the Health post and CHU without lack of materials. The equipment's were supported for effectiveness of the health units and to provide good health facilities to the community people.



M. MHM Orientation to Parents

The program was conducted on November 2022 at kharpunath RM. Orientation was given to the parents about the menstrual education and the about its' hygiene. The main objective was to educate the parents about the social taboo existing in the community and remove it. In total 160 female parents participated in the program. It was conducted at deukhuri, Raya, Thali and Chhipra.



N. MHM Orientation to School Students/ Adolescents

The program was conducted on November 2022 at kharpunath RM of sita Mavi Chhipra, humla Mavi Raya, Sankhar Mavi Thali and Malika Mavi Lali. The main objective of the program was to educate the school adolescents about the menstrual hygiene and ways to maintain it. In total 160 school adolescents participated in the program and gained knowledge about the menstrual hygiene.



O. MHM Orientation to School Teachers

The program was conducted on November 2022 at kharpunath RM for the Teachers of sita Mavi Chhipra,humla Mavi Raya, Sankhar Mavi Thali and Malika Mavi Lali. The main objective of the program was to educate the school Teachers about the menstrual hygiene and ways to maintain it. In total 32 school teachers participated in the program and gained knowledge about the menstrual hygiene.



P. Maternal Child Health System Strenthening training to Health Worker

This activity proposal has been prepared for conducting Maternal Child Health training to Healthworkers of Kharpunath Rural Municipality. The main objective of this activity is to provide knowledge on reproductive health, family planning, pregnant women, ensure birth of healthy child, promoting reproductive self motherhood, child survival etc. This one day training will facilitate by PCL nursing Ms. Suhana Hamal.



Q. Purnakhop Sunischitata Announcement at Kharpunath RM

This Round robin has been prepared to assist in "Purna khop Sunischitta" program of Kharpunath RM . This activity was conducted in collaboration with Kharpunat RM. For this activity the budget was managed from remaining budget of RM level coordination meeting.



R. Joint Monitoring Visit

The activity has been started from 19th and 20th December and has been completed at simikot, kharpunath, sarkegad and Chankheli RM. The monitoring has been done in collaboration with GNI, SIDC, KIRDARC and local bodies. At simikot, the monitoring of handwashing station of Bhimsen school, Mastadev Cooperative Thehe, ECD classroom Management of Balmandir school and Panchamukhi Cooperative and at kharpunath the monitoring of Revolving fund supported farmers, cooperative, Health equipment support and ECD classroom Bench and desk was done. Similarly at Chankhili RM, the monitoring of ORC building, school Building, cooperative was completed. In Sarkegad the monitoring of ECD building of Barai ,Pokhri Cooperative and Karnali Dovan Cooperative was Done.



S. Social Audit

SIDC and KIRDARC had organized jointly Social Audit program in Sarkegad and Chankhili RM on 26th and 27th December 2022. The objective of the program was to maintain the transparency and accountability of the project along with getting feedbacks from the local units. The feedbacks will be then used for further improvements of the projects. Likewise, further collaboration opportunities can also be developed. It was held in coordination with implementing partners, GNI and the respective local units' representatives as well as the concerned stakeholders in all the municipalities. In this program sharing project progress, budget, issues, learning and next year plan of livelihood, health and education. After presentation collect the feedback with stakeholders. They had suggested to CDP for increasing resource and program in Sarkegad RM and Chankhili RM.



T. LPAC Meeting

LPAC meeting with the concerned ward chairpersons of Sarkegad and Chankhili rural municipality has been conducted at Sarkegad and Chankhili on 26th and 27th December 2022 and it has been completed. Likewise, it was conducted and completed for Sarkegad and Chankhili RM. There was presentation about the project activities, achievement and issues and challenges, lessons learnt and best practices. Finally, feedbacks were also collected from the participants.



5. Best Practices:-

- Communities are assessed to good health facilities due to the health equipment's support and ORC building.
- Priority to cleanliness by the community people
- Farmers are able to produce vegetables under the unfavorable environment condition as well e.g even during the snow.
- The income level of most of the farmers has been increased as compared to their situation before getting into vegetable farming.
- Students and parents are aware about the menstrual health and also about the social taboos and some are in the process of change.
- Cooperatives have been assessed to different trainings and facilities to uplift their organization.

6. Lesson Learned:-

- a) Practical session is more effective than theoretical session in the community level activity.
- b) The need assessment process has changed the thoughts of the persons. They feel negligent to respond and provide the needs.
- c) Along with training equipment support makes the training effective
- d) Regular monitoring of the cooperatives to uplift their organization.
- e) Regular follow-up with the farmers makes the work more effective.

- f) Before fixing the vendor doing the survey of the vendor status aids in the effectiveness of the work
- g) Transportation owner status survey about the transportation
- h) Wash Education and other school support programs help to increase the access towards good health.
- i) Change is possible through awareness program by changing behavior.
- j) It is necessary to have knowledge of child rights to adults.
- k) It would be better if we conduct health check up to the Non Sponcer children from our working areas.
- l) From the point of view of SIDC, it would be better and seems effective to keep such camp and trainings with taking the huge amount and specialist having with advanced instruments and facility frequently for keeping their health status good.
- m) Infra-structure and health equipment support to health posts increases the access of health service delivery to the community people. It has strengthened the health facilities
- n) Mandatory monitoring of all cooperative once in every 2 months.
- o) Program should be planned and completed on time.
- p) The program should be monitored time to time whether it is being implemented effectively or not.
- q) Field staff should regularly inform the supervisor about the programs that are going on with their responsibilities.
- r) Employees must attend in the office at time other than field work and end the process trying to finish all the work at once.
- s) Local level partnership and collaboration in various projects and programs in very importance for any types of work.
- t) Priority of emergency assistance for disaster management.

7. Challenges and Way Forwards :-

- Quotation Collection and No renewable and VAT bills are found in Humla
- Could not make a cooperative improved and run smoothly because of the low level of education status of the beneficiaries (Share Members etc.) and the cooperative management committee.
- Communication challenges due to poor network, thus delays in reporting.
- Some of the participants are oriented to daily allowances which hinders the effectiveness of the program.
- Weather and geographical complexity due to which the programs are not conducted on time.
- Difficulty in remobilization of revolving fund during the off season due to the costly price of the construction materials of poly-house and limitation of revolving fund.

- The geographical landscape and communication facility are not well in remote villages. It is difficult to deliver the message and equipment in timely.
- Transportation of the Health equipment is not easier because porter is not ready to carry uneasy materials.
- Difficulty in completion of construction work on time due to the poor transportation and fluctuation of material prices.
- Frequent monitoring by the district level staffs.
- Lack of timely coordination with local authorities, Create plan to monitor the effective implementation of each activity.
- Others options for transporting goods should be explored and for timely implementation.
- Not being able to properly use and maintain health materials as well as other assisted materials.

8. Conclusion:-

Good Neighbor International Nepal has done agreement with SIDC, Humla to implement the Livelihood, Health and WASH project activities.

GNI, basically works in the remotest places of Nepal for improving the lives of poor people for their better livelihood status and income generating activities, especially children through education, community through cooperative, health and water services, child protection, disaster risk reduction, advocacy and network building in the harsh situations and remotest places of Nepal.

There are many activities, out of them most of them are completed and some are ongoing. The future programs should be planned systematically. Every plan of the activities should be timely prepared. According to the plan, time of implementation should be allocated.

On the context of GNI program the detail analysis of the field location and work is necessary. The reporting format should be provided before-hand even if it is a quarterly report. The community people have demanded to increase more programs. Most of the farmers have demanded trainings as well which is needed for the farming. It is necessary to increase using effective norms, values and indicators to operate the programs in the field timely. The impact to Good Neighbors International and SIDC is satisfactory from the point of view of the people of the program lunched areas. It is necessary to make sustainable relationship and mutual understanding between two organizations and to the community to implement the programs effectively.

There is a need of reliable vendor to import program related goods in-time. However, the delay is due to the erratic and unusual snowfall and weather condition. For that we should be able to recognize alternative solution as well.

GNI, after the commitment with SIDC, it is implementing livelihood, health and wash program in the community regularly. According to the context of Humla, there is difficult to collect the quotation

from the vendors, procurement process also takes a quite longer time so the approval process of RR takes a long time period. Not only has this, due to the geographical condition, problem of communication also made delay in process. Even it, SIDC Humla always tries to conduct the program in the community to achieve the output of the program and the goal of SIDC and GNI. During this project lunched period, SIDC Humla has learned some lessons which GNI should take it positively to conduct the program easily and effectively in the field level. From the point of view of SIDC, it would be better and seems effective and promote the income generation process if the programs are centered in Simikot VDC for to generate the income of the locals.

It would be easier when we address these below mentioned points for the effective run of the Program in time.

- Problems in quotation collecting and no any vendor seems interested (In the context of Humla)
- Limited human resource and hard Geography
- We need to create strong coordination with the new local bodies (Rural Municipality) and representatives selected from the public to conduct our events effectively for better work progress.